

# Interpersonal Factors, Interoception, and Non-Suicidal Self-Injury

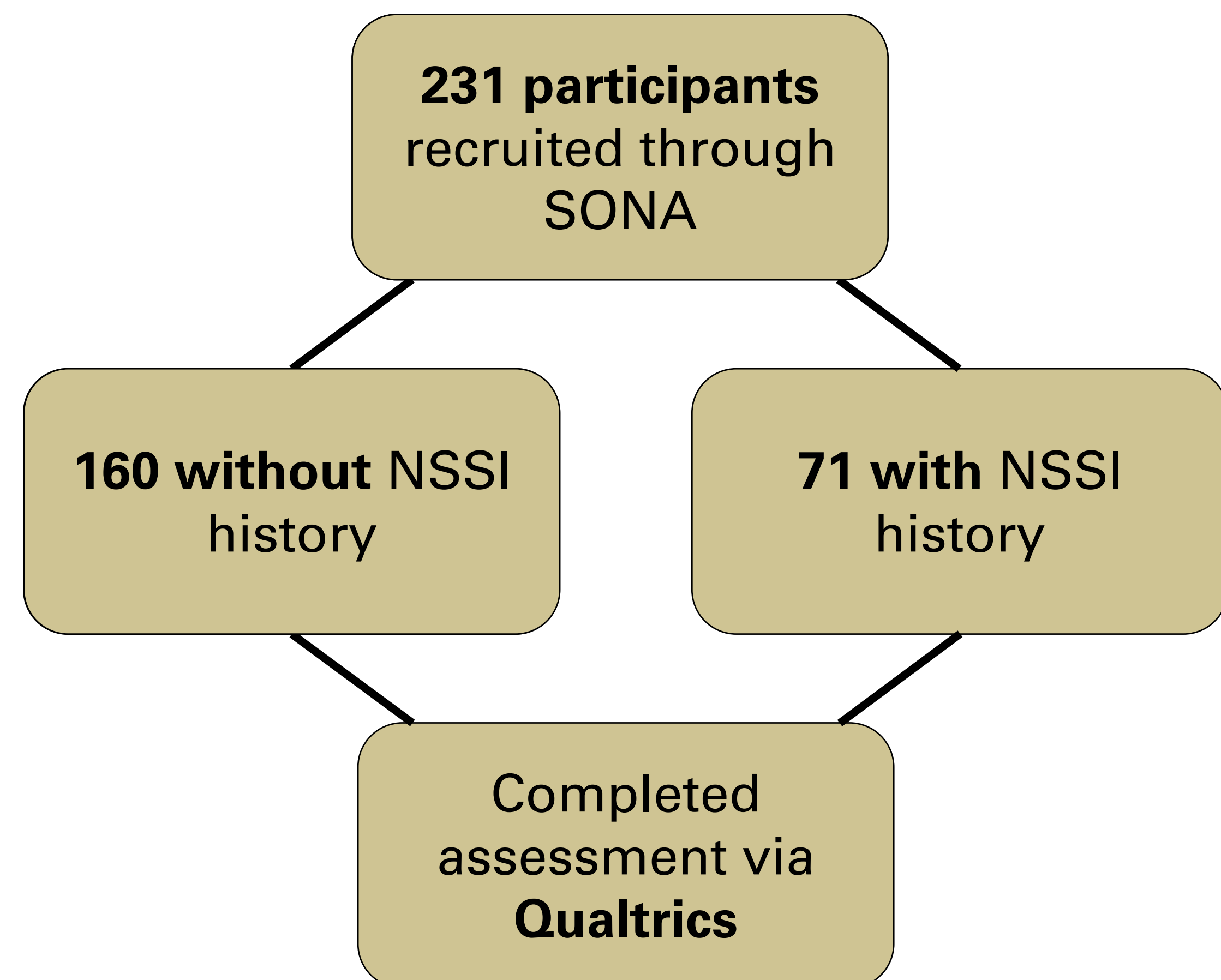
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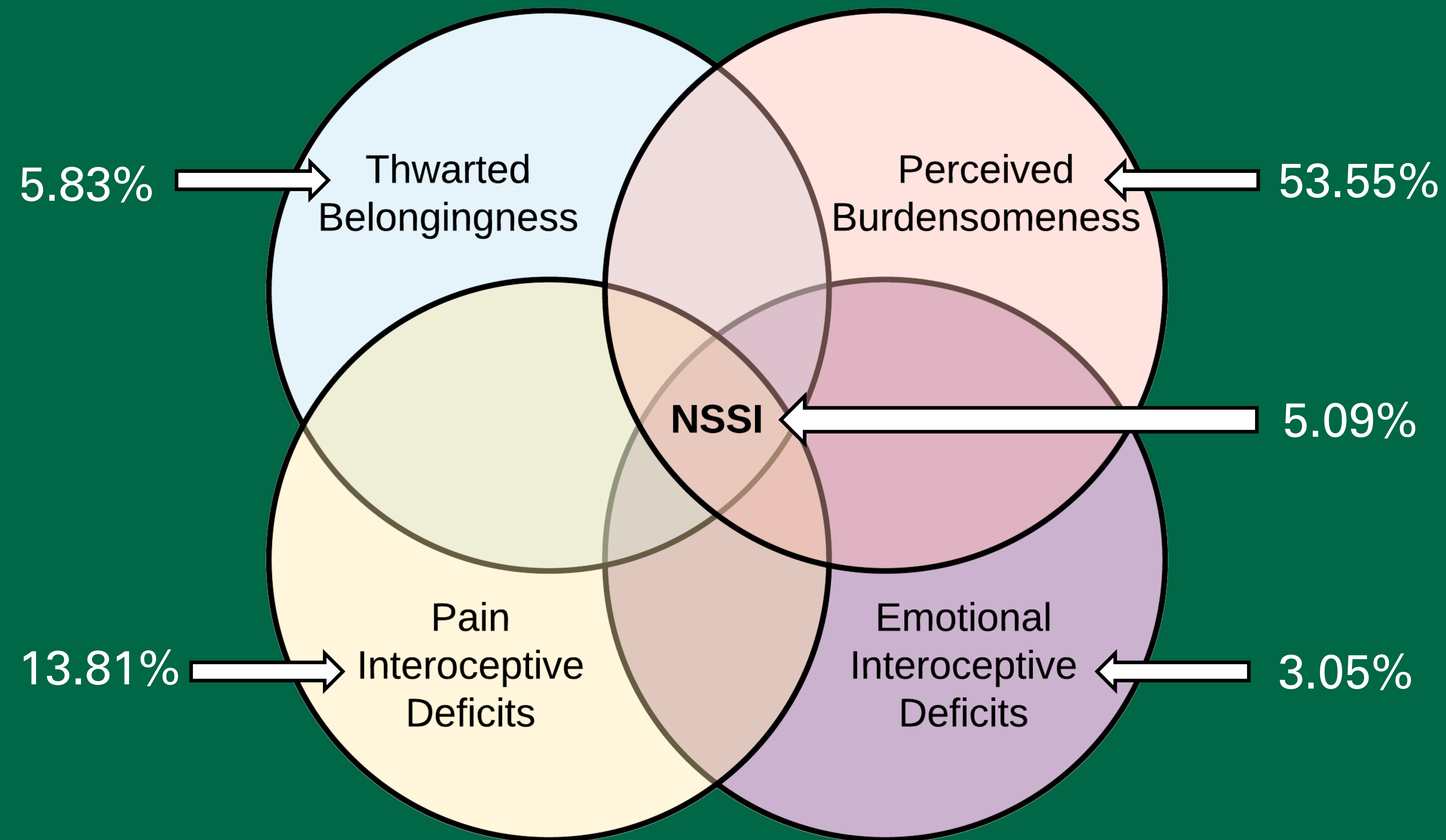
## BACKGROUND

- Non-suicidal self-injury (NSSI) is a pressing public health problem, with almost 1 in 5 young adults endorsing lifetime engagement.
- NSSI engagement is one of the strongest predictors of a future suicide attempt.

## METHODS



# Perceived Burdensomeness is a strong predictor of lifetime self-harm frequency.



## RESULTS

Measured Constructs Across Entire Sample (Table 1)

	Mean	Std. Dev	Sig.
MAIA_2_EA	3.11	1.178	.093
PVAQ	33.665	13.657	.930
INQ_TB	27.952	12.221	.003*
INQ_PB	11.536	7.616	.000*

Negative Binomial Regression for NSSI Sample (Table 2)

	Exp(B)	95% Wald Confidence Interval for Exp(B)		Sig.
		Lower	Upper	
MAIA_2_EA	1.009	0.758	1.343	.952
PVAQ	1.043	1.016	1.07	.002*
INQ_TB	1.078	1.04	1.118	.222
INQ_PB	0.987	0.996	1.008	.000*

## DISCUSSION

- Preliminary support for Perceived Burdensomeness as a predictor of NSSI, an understudied construct
- Interoception facets directly relevant to NSSI experience lesser predictors
- IPTS interpersonal factors not equal for NSSI

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