

AIMEE K. JOHNSON, Ph.D.

Employment Contact Information:

University of South Florida Saint Petersburg
College of Arts and Sciences
Department of Psychology
Email: aimeejohnson@usf.edu

RESEARCH INTERESTS

My research agenda is focused on improving mental health with the long-term goal of establishing a fundable line of research through the development and implementation of physical activity interventions for mental health. My past scholarship centers on health promotion through interdisciplinary and social science research on mental health, depression, burnout, body image and disordered eating and sexual health.

EDUCATION

BAYLOR UNIVERSITY, Waco, Texas

Ph.D. , Doctor of Philosophy in Experimental Psychology Concentration: Health Psychology Dissertation: Screening for Psychological Distress in the General Population: Acceptability and Validation of a Brief Measure of Psychological Distress	2014
M.A. , Master of Arts in Psychology	2012
B.A. , Bachelor of Arts in Psychology/ Minor in History	2009

TEACHING EXPERIENCE

UNIVERSITY OF SOUTH FLORIDA, Saint Petersburg, FL Department of Psychology	2022- present
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Assistant Professor of Instruction

Teaching position involving teaching and service to the psychology department, College of Arts and Sciences and USF.

Courses Taught:

PSY 3213 Research Methods in Psychology

DEP 4053 Developmental Psychology

PSY 3204 Psychological Statistics

CLP 4433 Psychological Tests & Measures

PSY 4205 Experimental Design & Analysis

PSY 6217 Graduate Research Methods

JAMES MADISON UNIVERSITY, Harrisonburg, VA

2017- 2022

Department of Health Sciences

Assistant Professor

Tenure track position involving teaching, scholarship and service to health science department and JMU.

Courses Taught:

HTH 408 Health Research Methods

HTH 320 Statistical Methods for Health Research

BAYLOR UNIVERSITY, Waco, Texas

2010- 2014

2010-2014

Department of Psychology & Neuroscience

Teaching Assistant- Research Methods

2013-2014

Department of Psychology & Neuroscience

Responsible for preparing lectures; delivering research methods lectures; and supervising in statistical software SPSS exercises.

MCLEANAN COMMUNITY COLLEGE, Waco, Texas

2012-2013

Department of Psychology & Neuroscience

Adjunct Instructor

Courses Taught

Learning Framework

Introduction to Psychology

RESEARCH EXPERIENCE

WAKE FOREST SCHOOL OF MEDICINE, Winston-Salem, NC

2014 - 2017

Division of Public Health Sciences
Department of Social Sciences and Health Policy

**Wake Forest NCI Community Oncology Research Program
Research Associate (February 2016 to July 2017)**

Initiate study design and development of nationwide oncology cancer control/prevention trials. Primary liaison between multiple principal investigators and the study coordinating center. Lead author of NIH grant proposals and peer-reviewed manuscripts in collaboration with interdisciplinary research team.

**Post-Doctoral Fellow, R25 Training Grant (August 2014 to January 2016)
(R25CA122061)**

Expanded research in areas of survivorship follow-up care interventions and patient-provider communication. Gained experience in new methodologic research (i.e. mixed methods design; qualitative research). Completed coursework in clinical trials, epidemiology, and clinical trial ethics

BAYLOR UNIVERSITY, Waco, Texas

2010-2014

Department of Psychology & Neuroscience
Mind-Body Medicine Research Laboratory

Research Assistant (August 2010 to July 2014)

Responsible for the data collection, interpretation and statistical analyses of the physiological measurements and patient reported outcomes. Led data entry, data and created graphical analysis of data. Supervised undergraduate research assistants in data collection methods. Authored multiple peer-reviewed manuscripts and presentations at scientific conferences

Research Therapist (August 2010- May 2014)

Performing as research therapist in a large NIH-granted study of a non-pharmacological intervention for the treatment of hot flashes. Provided the clinical intervention for the treatment of hot flash in post-menopausal women. Supervised and trained undergraduate research assistants in administering the intervention and data collection.

GRANTS

A Qualitative Examination of Burnout Experienced by Physician Assistant Students (August 2019)

PIs: Aimee Johnson, Sarah Blackstone, Whitney Simons, Ashley Skelly
College of Health and Behavior Studies Mini Grant
Funded, \$500

Assessing Burnout in Physician Assistant Students and Developing Strategies to Promote Wellness and Resilience (May 2018)

PIs: Aimee Johnson, Sarah Blackstone, Whitney Simons, Ashley Skelly
College of Health and Behavior Studies Collaborative Grant
Funded, \$6,899.

End of Treatment Transition to Follow-Up Care among Early Stage Lung Cancer Survivors
R03CA179019 (March 2015)

PIs: Kathryn Weaver
Funded NIH/NCI, \$37,000

Validity of Hot Flash Monitors: Daily Activity, Affect and Sternal Skin Conductance

PIs: William Fisher & Aimee Johnson (May 2011)
Baylor University, Department of Psychology and Neuroscience
Funded, \$2,000.

QUANTITATIVE TRAINING

Hierarchical Linear Modeling
Experimental Design
Multivariate Statistical Methods
Psychometrics
Structural Equation Modeling
Latent Variable Modeling

STATISTICAL SOFTWARE

Expert user of SPSS
Intermediate user of Lisrel, R
Basic level user of SAS

PEER-REVIEWED JOURNAL ARTICLES

29. Stocks C, Blackstone, SR, Henry D, **Johnson AK** (Accepted). College Students' Intent to Intervene with a Hypothetical Peer Exhibiting Depression: Leveraging Lessons Learned During the COVID-19 Pandemic. *Journal of American College Health*

28. Blackstone SR, **Johnson AK**, Smith N, McCall T, Simmons WR, Skelly AW (2021). Depression, burnout, and professional outcomes among Pas. *Journal of the American Academy of Physician Assistants*, 34 (9)35-41
doi:10.1097/01.JAA.0000769676.27946.56
27. Weaver KE, Klepin HD, Wells BJ, Dressler EV, Winkfield KM, Lamar ZS, Avery TP, Pajewski NM, Hundley WG, **Johnson AK**, Davidson EC, Lopetegui M, Foraker RE. (2021). Cardiovascular assessment tool for breast cancer survivors and oncology providers: Usability study. *JMIR Cancer*, 7(1):e18396. doi: 10.2196/18396.
26. **Johnson AK**, Blackstone SR, Simmons W, Skelly A. (2020). A Qualitative Examination of Burnout Experienced by Physician Assistant Students. *American Journal of Health Studies*, 35 (1), 14-20. <https://doi.org/10.47779/ajhs.2020.100>
25. **Johnson AK**, Blackstone SR, Simmons W, Skelly A. (2020). The Relationship between Depression, Anxiety, and Burnout among Physician Assistant Students: A Multi-Institutional Study. *Health Professions Education*, 6 (3) 420-427. <https://doi.org/10.1097/jpa.0000000000000303>
24. Blackstone, SR, Sangiorgio, C & **Johnson, AK** (2020). Peer recognition of disordered eating behaviors: Implications for improving awareness through health education, *American Journal of Health Education*, 51(3), 142-150. doi: 10.1080/19325037.2020.1740120
23. **Johnson, AK**, Blackstone, S, Simmons, W., Skelly, A. (2020). Assessing burnout and interest in wellness programs in physician assistant students: Results of a multi-institutional study. *Journal of Physician Assistant Education*, 31(2), 56-62. doi: 10.1097/JPA.0000000000000303.
22. Blackstone SR, **Johnson AK**, Sutton D. (2019). Perceptions of weight conscious drinking and the role of mental health: A mixed methods approach. *American Journal of Health Education*, 50(4), 225-235. DOI: 10.1080/19325037.2019.1616013
21. Avis, NE, **Johnson, AK**, Canzona, MR, Levine B. (2018). Sexual functioning among early post treatment breast cancer survivors. *Supportive Care in Cancer*, 26, 2605-2613. <https://doi.org/10.1007/s00520-018-4098-0>
20. Steffen, LE, **Johnson, AK**, Levine, BJ, Mayer, DK, & Avis, NE. (2017). Met and unmet expectations for breast reconstruction in early post-treatment breast cancer survivors. *Plastic Surgical Nursing Journal*, 37, 146-153. doi: 10.1097/PSN.0000000000000205
19. Weaver K., Storm, C. **Johnson, A.K.**, Lee, J., Sutfin, E.L. (2016). Call to action: Addressing rural cancer disparities. Community Anti-Drug Coalitions of America, Geographic Health Equity Alliance. Available at <http://www.nohealthdisparities.org/>.

18. **Johnson, A.K.**, Johnson, A.J., Barton, D., & Elkins, G. (2016). Hypnotic Relaxation Therapy improves sexual function in post-menopausal women: Results of a randomized clinical trial. *International Journal of Clinical and Experimental Hypnosis*, 64 (2), 213-224. doi: 10.1080/00207144.2016.1131590
17. Kendrick, C., Sliwinski, J., Yu, Y., **Johnson, A.**, Fisher, W., Kekecs, Z., & Elkins, G. (2016). Hypnosis for Acute Procedural Pain: A Critical Review. *International Journal of Clinical and Experimental Hypnosis*, 64(1), 75-114. doi: 10.1080/00207144.2015.1099405
16. Elkins, G., **Johnson, A.K.**, Johnson, A. Sliwinski J. (2015). Factor analysis of the Elkins Hypnotizability Scale. *International Journal of Clinical and Experimental Hypnosis*, 63 (3), 335-345. DOI: 10.1080/00207144.2015.1031550
15. Sliwinski, J., **Johnson, A.**, Elkins, G. (2014). Investigating memory decline in postmenopausal women: Can hormone therapy and mind-body medicine be used to preserve and enhance cognitive performance? *Integrative Medical Insights*, 9, 17-23. doi: 10.4137/IMI.S15682
14. Kendrick, C., **Johnson, A.**, Elkins, G. (2015). Hypnotic Relaxation Therapy for reduction of hot flashes in postmenopausal women: Examination of cortisol as a potential mediator. *International Journal of Clinical and Experimental Hypnosis*, 63(1), 76-91. DOI: 10.1080/00207144.2014.931169
13. Sliwinski, J., Fisher, W., **Johnson, A.**, & Elkins, G., (2013). Medical hypnosis for pain and psychological distress during burn wound debridement: A critical review. *OA: Alternative Medicine*, 1, (1):10.
12. Fisher WI, **Johnson A**, Elkins GR, Otte JL, Burns DS, Yu M, Carpenter JS. (2013). Risk factors, pathophysiology, and treatment of hot flashes in cancer. *CA Cancer J Clinicians*, 63 (3), 167-192.
11. Elkins, G., Fisher, W., **Johnson, A.** (2012). The initial development of a measure of non-pathological dissociation: The Dissociative Ability Scale. *Contemporary Hypnosis*, 30 (1), 32-41. doi: 10.3322/caac.21171
10. Elkins, G., Fisher, W., **Johnson, A.**, Carpenter J., Keith, T. (2013). Clinical hypnosis in the treatment of post-menopausal hot flashes: a randomized controlled trial. *Menopause*. 20(3), 291-8. doi: 10.1097/gme.0b013e31826ce3ed

9. Elkins, G., **Johnson, A.**, Fisher, W., Sliwinski, J. & Keith, T. (2013). A Pilot Investigation of Guided Self-Hypnosis in the Treatment of Hot Flashes Among Post-Menopausal Women. *International Journal of Clinical and Experimental Hypnosis*, 61(3), 342-50. doi: 10.1080/00207144.2013.784112
8. Elkins, G., Fisher, W., **Johnson, A.**, Sliwinski, J. (2012). Clinical Hypnosis for Palliative Care of Cancer Patients. *Oncology Nurse Edition*, 26, 26-30.
7. Kendrick, C., Koep, L. **Johnson, A.**, Fisher, W., & Elkins, G. (2012). Feasibility of sham hypnosis: Empirical Data and Implications for Randomized Trials of Hypnosis. *Contemporary Hypnosis and Integrative Therapy*, 29(4), 317-331.
6. Elkins, G., **Johnson, A** & Fisher, W. (2012). Cognitive Hypnotherapy for pain management. *American Journal of Clinical Hypnosis*, 54, 294-310. doi: 10.1080/00029157.2011.654284
5. Elkins, G., Fisher, W., & **Johnson, A.** (2012). Initial development of a brief measure of psychological distress. *Psychological Reports*, 110, 1-9. doi: 10.2466/02.PR0.110.1.218-226
4. Elkins, G., **Johnson, A** & Fisher, W. (2011) Mind-body therapies for hot flashes. *Journal for Clinical Hypnosis*, 2, 32-40.
3. Elkins, G., Fisher, W., **Johnson, A.**, Marcus, J., Dove, J., Perfect, M. & Keith, T. (2011) Moderating Effect of Hypnotizability on Hypnosis for Hot Flashes in Breast Cancer Survivors. *Contemporary Hypnosis*, 28,187-195.
2. Elkins, G., Fisher, W., & **Johnson, A.** (2011) Hypnosis for hot flashes among postmenopausal women study: A study protocol of an ongoing randomized clinical trial. *BMC Complementary and Alternative Medicine*, 11, 92, doi: 10.1186/1472-6882-11-92
1. Elkins, G., Fisher, W., & **Johnson, A.** (2010) Current treatment options in oncology. *Current Treatment Options in Oncology*, 11, 128-140.

BOOK CHAPTERS

3. **Johnson, A.K.** (2015). Raynaud's Syndrome. In Elkins, G (Ed.), *Clinician's Guide to Medical and Psychological Hypnosis: Foundations, Systems, Applications, and Professional Issues* New York, NY: Springer.

2. Fisher, W., **Johnson, A.**, Fisher, L., Sharma, S., & Ceballos, N. (2013). Impulsive-Aggressive Behavior in Adolescents: A Review. In N. Gotsiridze-Columbus. (Ed.), *Aggressive Behavior: New Research*. Hauppauge, NY: Nova Publishers, Inc.
1. Elkins, G., **Johnson, A.**, Fisher, W., & Sliwinski, J. (2013). Efficacy of Mind-body Therapy on Stress Reduction in Cancer Care. In W. Cho (Ed.), *Evidence-based Non-pharmacological Therapies for Palliative Cancer Care*. New York, NY: Springer.

PROFESSIONAL RESEARCH CONFERENCE PRESENTATIONS

28. **Johnson, AK.**, Blackstone, S. & Thomas, S. “Beliefs in Just World and College Student Mental Health during the COVID-19 Pandemic”. Oral Presentation presented virtually to the Society of Public Health Education. Virtual Conference. March 2020
27. **Johnson, AK.** Blackstone, S. “A Needs Assessment of Behaviors of Weight Conscious Drinkers: Addressing “Drunkorexia” in Undergraduates”. Accepted Poster Presentation: Society of Behavioral Medicine Conference, Washington, D.C., March 2019
26. Weaver, K, Klepin, H, Avery, T., Lamar, Z., Pajewski, P., Hundley, G., **Johnson, AK**, Foraker, RE. Usability of an Adapted EHR-based Cardiovascular Health App in the Oncology Setting Perceptions of Oncologists and Cancer Survivors. Paper presented to ASCO Survivorship conference. Orlando, FL. February 2018
25. **Johnson AK**, Canzona M, Nightingale C, Pevette K, Weaver K. Early Lung Cancer Patients Perspectives and Associations of the Term “Survivor. Poster Presentation: 8th Biennial Cancer Survivorship Research Conference, Washington, D.C. June 2016.
24. Weaver, K.E., **Johnson AK**, Nightingale CL, Beech B, Pevette K, Leger S, Canzona M, Lechner S. Early stage lung cancer survivors’ challenges during the transition to post-treatment follow-up care. Poster Presentation: American Society of Preventive Oncology Annual Meeting, Columbus, OH. March 2016.
23. **Johnson, A.K.** Screening for Psychological Distress in Oncology: Development of a Brief Screening Instrument. Poster accepted to the American Psychosocial Oncology Society (APSO) Annual Convention, Washington, D.C.
22. **Johnson, A.K.**, Nightingale, C.L., Carnaby G., & Curbow. Perceived Social Support during Treatment as a Predictor of Emotional Quality of Life in Head and Neck Cancer Patients. Poster presented to the American Society of Preventative Oncology (ASPO) Annual Convention, Birmingham, AL
21. Elkins, G., Fisher, W., **Johnson, AK.**, Barton, D, Yu, A., Kendrick, C. (2013, July) *Hypnotic Relaxation Therapy Improves Sexual Health in Post-Menopausal Women with*

Moderate to Severe Hot Flashes. Paper presented to the American Psychological Association's Annual Convention, Honolulu, HI.

20. Elkins, G., **Johnson, A.**, Sliwinski, J., Fisher, W., Kendrick, C. (2013, July). *Do Cognitive Expectancies Mediate Outcome in Clinical Hypnosis for Hot Flashes?: Results from a Randomized Controlled Trial*". Paper presented to the American Psychological Association's Annual Convention, Honolulu, HI.
19. Elkins, G., Fisher, W., **Johnson, A.**, Ramsey, D. (2013 April). *Religiosity as a protective factor for post-menopausal hot flashes?* Poster presentation to the Society of Behavioral Medicine's Annual Convention. San Francisco, CA.
18. Harned, Z., Olendzki, N., Fisher, W., **Johnson, A.**, Elkins, G. (2012, November). *Increasing evidence based practice among private practitioner psychologists: Barriers and opportunities*. Poster presented to the Texas Psychological Association's Annual Convention. Austin, TX.
17. Elkins, G., Dhir, H, Fisher, W., **Johnson, A.**, Sliwinski, J., Liam, X.S., Harned, Z. (2012, November). *Clinical hypnosis for smoking cessation an employee wellness program: Lessons learned and future directions*. Accepted for poster presentation to the Texas Psychological Association's Annual Convention. Austin, TX.
16. Fisher, W., **Johnson, A.**, Elkins, G. Carreon, I., Tichy, K., Bower, J., Ramsey, D. (2012, November). *Cross-validation of a measure of non-pathological dissociation*. Accepted for poster presentation to the Texas Psychological Association's Annual Convention. Austin, TX.
15. **Johnson, A.**, Elkins, G., Fisher, W., Sliwinski, J., Olendzki, N. (2012, November) *"Initial development of a brief measure of psychological distress: Validation in a psychiatric sample"*. Paper presented to Texas Psychological Association Annual Convention, Austin, TX
14. Elkins, G., **Johnson, A.**, Fisher, W., & Sliwinski, J. (2012, October) *Improving sleep in postmenopausal women: Outcome from a randomized trial of Clinical Hypnosis*. Paper presented in the Top Scoring Scientific Abstracts session of the 23rd Annual Meeting of the North American Menopause Society, Orlando, FL
13. Elkins, G., Sliwinski, J., **Johnson, A.**, & Fisher, W. (2012, October), *Guided Self-Hypnosis for Control of Hot Flashes: A Pilot Study*. Accepted for poster presentation at the 23rd Annual Meeting of the North American Menopause Society, Orlando, FL.
12. Elkins, G., Fisher, W., & **Johnson, A.** (2012, August) *"The factor structure of a new brief measure of hypnotizability: Elkins Hypnotizability Scale."* Paper presented to the American Psychological Association's 120th Annual Convention, Orlando, FL.

11. Elkins, G., Fisher, W., & **Johnson, A.** (2012, May) “*Hypnosis for Hot Flashes: Results from a Randomized Clinical Trial and Future Directions*”. Paper presented to the International Research Congress: Integrative Medicine & Health Annual Meeting, Portland, Oregon.
10. Elkins, G., Fisher, W., & **Johnson, A.** (2012, May) “*Assessment of hypnotizability in clinical research: Development, reliability, and validation of the Elkins Hypnotizability Scale*”. Poster presented to the International Research Congress: Integrative Medicine & Health Annual Meeting, Portland, Oregon.
9. Elkins, G., Fisher, W., & **Johnson, A.**, Carpenter, J. Keith, T. (2012, April)“*Preliminary results of a randomized controlled trial of clinical hypnosis for the treatment of hot flashes in post-menopausal women*”. Paper presented to the Society of Behavioral Medicine’s 33rd Annual Meeting & Scientific Sessions, New Orleans, LA.
8. Elkins, G., Fisher, W., & **Johnson, A.** (2011, November) “*Measurement of non-pathological dissociation: The Dissociative Ability Scale.*” Paper presented to the Texas Psychological Association’s Annual Meeting, San Antonio, Texas.
7. Elkins, G., Fisher, W., Amador, K., & **Johnson, A.** (2012, November) “*Hot flash severity: Independent evaluation as a new direction in research.*” Poster presented to the Texas Psychological Association’s Annual Meeting, San Antonio, Texas.
6. Elkins, G., **Johnson, A.**, & Fisher, W. (2012, November) “Psychogenic seizures” Invited to present to the Conference on Epilepsy, Scott & White Memorial Hospital, Temple, Texas.
5. Elkins, G., Amador, K., **Johnson, A.**, & Fisher, W. (2011, September) "*Ambient Temperature and Hot Flashes: Does the weather influence hot flashes in postmenopausal women?*" Poster presentation to the North American Menopause Society 22nd Annual Meeting, Washington, D.C.
4. Fisher, W., Elkins, G., & **Johnson, A.** (2011, September) "*Two sternal skin conductance monitors for the measurement of hot flashes: Comparison and evaluation.*" Poster presentation to the North American Menopause Society 22nd Annual Meeting, Washington, D.C.
3. Fisher, W., **Johnson, A.**, & Elkins, G. (2011, September) “*Physiological Measurement of Hot Flashes: Effects of Affect and Physical Activity*” Poster presentation to the Society for Psychophysiological Research 51st Annual Meeting, Boston, Massachusetts.
2. Elkins, G., Fisher, W., Amador, K., & **Johnson, A.** (2011, September) “*Skin Conductance Measurement of Hot Flashes: Influence of BMI in post-menopausal*

women.” Poster presentation the Society for Psychophysiological Research 51st Annual Meeting, Boston, Massachusetts

1. Elkins, G., Fisher, W. & **Johnson, A.** (2010, November) “*Measuring distress in a college population: the Elkins Distress Scale*”. Paper presented to the Texas Psychological Association’s annual convention, Dallas, Texas

STUDENT HONORS THESES AND MASTER THESES

2020 – 2021	Hannah Baldwin- Honor’s Thesis Advisor <i>The Relationship between TikTok Usage and Weight-Conscious Drinking Among College Student</i>
2019- 2020	Jordan Murrin- Master Thesis Committee Member M.S. Student, Nutrition & Physical Activity <i>Impact of a 12-week Ketogenic Diet vs. DASH Diet on Depression Severity, Body Composition, and Metabolic Profile in a Veteran Population</i>
2019- 2021	Becca Mathien -Master Thesis Committee Member Master of Science in Health Sciences (M.S.) <i>An Assessment of the Wellness Needs of JMU Faculty and Staff Members</i>
2018-2020	Carlee Logue- Honor’s Thesis Advisor <i>Coping Strategies and JMU Undergraduates Awareness of On-Campus Mental Resources</i>
2018-2019	Stephanie Rathjen- Honor’s Thesis Advisor <i>An Examination of Factors Associated with Body Appreciation, Sociocultural Attitudes of Appearance</i>

HONORS AND AWARDS

Outstanding Junior Faculty Award, College of Health and Behavior Studies, JMU, 2021-2022

New Investigator Award, North American Menopause Society, October 2012

Top Scoring Scientific Abstract Session “*Improving sleep in postmenopausal women: Outcome from a randomized trial of Clinical Hypnosis*”. North American Menopause Society, October 2012

Abstract awarded “*Preliminary results of a randomized controlled trial of clinical hypnosis for the treatment of hot flashes in post-menopausal women*”. Society of Behavioral Medicine, April 2012

Conference Travel Awards, Department of Psychology and Neuroscience, Baylor University, 2011, 2012, 2013

ACADEMIC & PROFESSIONAL SERVICE

Departmental Service:

Program Coordinator, University of South Florida, St. Petersburg
Fall 2022- present

Committee Member of the Faculty Search Committee
JMU Health Sciences Search, Fall 2017-Fall 2018, Fall

College Service:

University Program Committee, University of South Florida
Fall 2022- present

Committee Member for the College of Health and Behavioral Studies at JMU:
Faculty Development Committee, 2018-2019
Interprofessional Education Council (IPE), 2018-2019

Chair for the College of Health and Behavioral Studies at JMU:
Faculty Development Committee, 2019-2020

University Service:

James Madison University:
New Faculty Academy, 2017-2018
Alcohol and Other Drug Council (AOD)

Professional Service:

Member, Society for Public Health Education, 2018 to 2022

Member, Society of Behavioral Medicine, 2015 to present

Member, American Psychosocial Oncology Society, 2014 to 2017

Member, American Psychological Association, 2010 to 2023

Ad Hoc Reviewer for:

Cancer

American Psychologist

CA: A Cancer Journal for Clinicians

Translational Behavioral Medicine: Practice, Policy and Research

Psycho-oncology