

## Fallon R. Goodman, Ph.D.

### CONTACT

Department of Psychological and Brain Sciences  
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### ACADEMIC APPOINTMENTS

2022– **George Washington University**  
Assistant Professor  
Department of Psychological and Brain Sciences

2019–2022 **University of South Florida**  
Assistant Professor  
Department of Psychology

### EDUCATION

2018–2019 **Harvard Medical School, McLean Hospital**  
Doctoral Internship in Clinical Psychology

2019 **George Mason University**  
Ph.D., Clinical Psychology (Advanced Quantitative Track)

2014 **George Mason University**  
M.A., Psychology

2012 **University of Maryland**  
B.S., Psychology; B.S., Family Science  
*Summa Cum Laude* honors

### HONORS AND AWARDS

2019 **Early Career Award, Alies Muskin Career Development Leadership Program**  
Anxiety and Depression Association of America (ADAA)

2018 **Research Scholarship Award**  
Beck Institute for Cognitive Behavioral Therapy

2017 **Diversity Research Award**  
Society for Personality and Social Psychology (SPSP)

2017 **Research Fellow, Summer Institute in Social and Personality Psychology**  
Society for Personality and Social Psychology (SPSP)

- 2017 **Graduate Travel Award**  
Society for Personality and Social Psychology (SPSP)
- 2016 **Dean's Challenge Award for Excellence in Research and Service**  
George Mason University  
*Selected as top PhD student in Psychology*  
*Selected as top PhD student in College of Humanities & Social Sciences (21 departments)*
- 2016 **International Research Travel Award**  
American Psychological Association (APA)
- 2016 **Ruth L. Kirschstein National Research Service Award**  
National Institutes of Health
- 2013–2016 **Research Fellowship**  
Center for the Advancement of Well-being
- 2013–2018 **Graduate Student Travel Award**  
George Mason University
- 2011 **Academic Excellence Award**  
School of Public Health, University of Maryland
- 2008–2010 **President's Academic Scholarship**  
University of Maryland
- 2010–2011 **Research Fellowship**  
Summer Training and Research Program, University of Maryland
- 2010 **Outstanding Academic Achievement**  
College Park Scholars, University of Maryland

## **GRANTS**

- 2020–2022 **New Researcher Grant, University of South Florida**  
An experience-sampling approach to understanding loneliness in social anxiety  
*Principal Investigator*. Total costs: \$9,620.00
- 2021–2022 **Psychology Diversity Research Award, University of South Florida**  
Structural features that underlie perceived anti-queer stigma: A conjoint analysis  
*Faculty Sponsor* (Student PI: Patrick Loftus). Total costs: \$500.00
- 2020–2021 **Rapid Response Research Grant, University of South Florida**  
Social closeness despite social distance: A study of strategies to fight loneliness during the COVID-19 pandemic  
*Principal Investigator* (Co-Is: Jonathan Rottenberg, PhD; Brent Small, PhD; Getachew Dagne). Total costs: \$25,000.00
- 2016–2018 **F31 Ruth L. Kirschstein National Research Service Award (NRSA) (F31-AA024372)**  
Motivational underpinnings of alcohol use for people with social anxiety disorder: A daily diary study

*Principal Investigator* (Sponsor: Todd Kashdan, PhD; Co-Sponsor: Howard Tennen, PhD).  
Total costs: \$63,788.00

- 2016–2017      **Diversity Advancement Award, George Mason University**  
Profiles of emotion regulation across the world  
*Principal Investigator*. Total costs: \$1,700.00
- 2016–2018      **Charles Koch Foundation Dissertation Grant**  
*Psychological flexibility and well-being in everyday life*  
*Principal Investigator*. Total costs: \$5,000.00
- 2016–2017      **Dean’s Challenge Award for Excellence in Research and Service,  
George Mason University**  
*Principal Investigator*. Total costs: \$5,000.00
- 2016–2017      **Provost Research Grant, George Mason University**  
Social anxiety and alcohol use  
*Principal Investigator*. Total costs: \$1,500.00
- 2016–2017      **Provost Research Grant, George Mason University**  
The transdiagnostic nature of distress tolerance  
*Principal Investigator*. Total costs: \$1,500.00

### **PEER REVIEWED PUBLICATIONS**

† *Student mentee*

\* *Authors contributed equally*

44. †Brown, B. A., **Goodman, F. R.**, Pietrzak, R., & Rottenberg, J. (in press). Psychological well-being in US veterans with non-fatal suicide attempts: A multi-cohort population-based study. *Journal of Affective Disorders*.
43. Bradford, D. E., DeFalco, A., Perkins, E. R., Carbajal, I., Kwasa, J., **Goodman, F. R.**, Jackson, F., Richardson, L. N. S., Woodley, N., Neuberger, L., Sandoval, J. A., Huang, H. J., & Joyner, K. J. (in press). Whose signals are we amplifying? Towards a more equitable clinical psychophysiology. *Clinical Psychological Science*.
42. **Goodman, F. R.**, †Brown, B. A., †Silva, G. M., Bradford, D. E., Tennen, H., & Kashdan, T. B. (2022). Motives and consequences of alcohol use in people with social anxiety disorder: A daily diary study. *Behavior Therapy*, 53(4), 600–613.
41. Feinstein, B. A., Dyar, C., Poon, J., **Goodman, F. R.**, & Davila, J. (2022). The affective consequences of minority stress among bisexual, pansexual, and queer (bi+) adults: A daily diary study. *Behavior Therapy*, 53(4), 571–584.
40. Kashdan, T. B., McKnight, P. E., & **Goodman, F. R.** (2022). Evolving positive psychology: A blueprint for advancing the study of purpose in life, psychological strengths, and resilience. *Journal of Positive Psychology*, 17(2), 210–218.
39. Panaite, V., Yoon, S., †Devendorf, A. R., Kashdan, T. B., **Goodman, F. R.**, & Rottenberg, J. (2022). Do positive events and emotions offset the difficulties of stressful life events? A daily diary investigation of depressed adults. *Personality and Individual Differences*, 186, 111379.

38. **Goodman, F. R.**, Kelso, K. C., Wiernik, B. M., & Kashdan, T. B. (2021). Social comparisons and social anxiety in daily life: An experience-sampling approach. *Journal of Abnormal Psychology, 130*(5), 468–489. [Preregistration. Code.](#)
37. **Goodman, F. R.**, †Rum, R., †Silva, G. M., & Kashdan, T. B. (2021). Are people with social anxiety disorder happier alone? *Journal of Anxiety Disorders, 84*, 102474.
36. †\*Brown, B. A., \***Goodman, F. R.**, \*Disabato, D. J., Kashdan, T. B., Armeli, S., & Tennen, H. (2021). Does negative emotion differentiation influence daily self-regulation after stressful events? A 4-year daily diary study. *Emotion, 21*(5), 1000–1012. [Preregistration.](#)
35. **Goodman, F. R.**, Disabato, D. J., & Kashdan, T. B. (2021). Reflections on unspoken problems and potential solutions for the well-being juggernaut in positive psychology. *Journal of Positive Psychology, 16*(6), 831–837.
34. **Goodman, F. R.**, †Daniel, K. E., Eldesouky, L., †Brown, B. A., & Kneeland, E. T. (2021). How do people with social anxiety disorder cope with daily stressors? Deconstructing emotion regulation flexibility in daily life. *Journal of Affective Disorders Reports, 6*, 100210. [Preregistration. Code.](#)
33. **Goodman, F. R.**, Kashdan, T. B., & †İmamoglu, A. (2021). Valuing emotional control in social anxiety disorder: A multimethod study of emotion beliefs and emotion regulation. *Emotion, 21*(4), 842–855.
32. Eldesouky, L. & **Goodman, F. R.** (2021). What are we missing in emotion regulation science? *Clinical Psychology: Science and Practice, 28*(2), 183–185.
31. Doorley, J. D., **Goodman, F. R.**, Disabato, D. J., Kashdan, T. B., Weinstein, J. S., & Shackman, A. J. (2021). The momentary benefits of positive events for individuals with elevated social anxiety. *Emotion, 21*(3), 595–606. [Preprint. Data.](#)
30. **Goodman, F. R.**, & Kashdan, T. B. (2021). The most important life goals of people with and without social anxiety disorder: Focusing on emotional interference and uncovering meaning in life. *Journal of Positive Psychology, 16*(2), 272–281.
29. Kashdan, T. B., Disabato, D. J., **Goodman, F. R.**, Doorley, J. D., & McKnight, P. E. (2020). Understanding psychological flexibility: A multi-method exploration of pursuing valued goals despite the presence of distress. *Psychological Assessment, 32*(9), 829–850. [Preprint. Preregistration.](#)
28. Doorley, J. D., **Goodman, F. R.**, Kelso, K. C., & Kashdan, T. B. (2020). Psychological flexibility: What we know, what we don't know, and what we think we know. *Social and Personality Psychology Compass, 14*(12), 1–11.
27. Kneeland, E. T., **Goodman, F. R.**, & Dovidio, J. F. (2020). Emotion beliefs, emotion regulation, and emotional experiences in daily life. *Behavior Therapy, 51*(5), 829–850.
26. Daniel, K. E., **Goodman, F. R.**, Beltzer, M. L., Daros, A. R., Boukhechba, M., Barnes, L. E., & Teachman, B. A. (2020). Emotion malleability beliefs and emotion experience and regulation in the daily lives of people with high trait social anxiety. *Cognitive Therapy and Research, 44*, 1186–1198. [Preregistration.](#)
25. Kashdan, T. B., Disabato, D. J., McKnight, P. E., Kelso, K., †Lauber, M., & **Goodman, F. R.** (2020). Sexual assault: Exploring real-time consequences the next day and in subsequent days. *International Journal of Wellbeing, 10*(4), 1–19.

24. Kashdan, T. B., Disabato, D. J., **Goodman, F. R.**, & McKnight, P. E. (2020). The Five-Dimensional Curiosity Scale Revised (5DCR): Briefer subscales while separating general overt and covert social curiosity. *Personality and Individual Differences, 157*, 109836. [Preprint](#).
23. Kashdan, T. B., **Goodman, F. R.**, Disabato, D. J., McKnight, P. E., & Naughton, C. (2020). Curiosity has comprehensive benefits in the workplace: Developing and validating the multidimensional work curiosity scale in United States and German employees. *Personality and Individual Differences, 155*, 109717. [Preprint](#).
22. **Goodman, F. R.**, Kashdan, T. B., Stikma, M. C., & Blalock, D. V. (2019). Personal strivings to understand anxiety disorders: Social anxiety as an exemplar. *Clinical Psychological Science, 7*(2), 283–301.
21. McHugh, R. K., & **Goodman, F. R.** (2019). Are substance use disorders emotional disorders?: Why heterogeneity matters for treatment. *Clinical Psychology: Science and Practice, 26*(2), e12286.
20. **Goodman, F. R.**, Disabato, D. J., & Kashdan, T. B. (2019). Integrating psychological strengths under the umbrella of personality science: Rethinking the definition, measurement, and modification of strengths. *Journal of Positive Psychology, 14*(1), 61–67.
19. Disabato, D. J., **Goodman, F. R.**, & Kashdan, T. B. (2019). Is grit relevant to well-being? Evidence across the globe for separating perseverance of effort and consistency of interests. *Journal of Personality, 87*(2), 184–211.
18. Biswas-Diener, R., Kushlev, K., Su, R., **Goodman, F. R.**, Kashdan, T. B., & Diener, E. (2019). Assessing and understanding hospitality: A brief hospitality scale. *International Journal of Wellbeing, 9*(2), 14–26.
17. **Goodman, F. R.**, Stikma, M. C., & Kashdan, T. B. (2018). Social anxiety and the quality of everyday social interactions: The moderating influence of alcohol consumption. *Behavior Therapy, 49*(3), 373–387.
16. **Goodman, F. R.**, Disabato, D. J., Kashdan, T. B., & Kaufman, S. B. (2018). Measuring well-being: A comparison of subjective well-being and PERMA. *Journal of Positive Psychology, 13*(4), 321–332.
15. Kashdan, T. B., **Goodman, F. R.**, Stikma, M. C., †Milius, C. R., & McKnight, P. E. (2018). Sexuality leads to boosts in mood and meaning in life with no evidence for the reverse direction: A daily diary investigation. *Emotion, 18*(4), 563–576.
14. **Goodman, F. R.**, Disabato, D. J., Kashdan, T. B., & Machell, K. A. (2017). Personality strengths as resilience: A one-year multiwave study. *Journal of Personality, 85*(3), 423–434.
13. Folk, J. B., Disabato, D. J., **Goodman, F. R.**, Bricker-Carter, S., DiMauro, J., & Riskind, J. H. (2017). Wise additions bridge the gap between social psychology and clinical practice: Cognitive-behavioral therapy as an exemplar. *Journal of Psychotherapy Integration, 27*(3), 407–423.
12. Disabato, D. J., **Goodman, F. R.**, Kashdan, T. B., Short, J. L., & Jarden, A. (2016). Different types of well-being? A cross-cultural examination of hedonic and eudaimonic well-being. *Psychological Assessment, 28*(5), 471–482.
11. Kashdan, T. B., **Goodman, F. R.**, †Mallard, T. M., & Dewall, C. N. (2016). What triggers anger in everyday life? Links to the intensity, control, and regulation of these emotions, and personality traits. *Journal of Personality, 84*(6), 737–749.
10. Kashdan, T. B., Rottenberg, J., **Goodman, F. R.**, Disabato, D. J., & Begovic, E. (2015). Lumping and splitting in the study of meaning in life: Thoughts on surfing, surgery, scents, and sermons. *Psychological Inquiry, 26*(4), 336–342.

9. Machell, K. A., **Goodman, F. R.**, & Kashdan, T. B. (2015). Experiential avoidance and well-being: A daily diary analysis. *Cognition and Emotion*, *29*(2), 351–359.
8. **Goodman, F. R.**, & Kashdan, T. B. (2015). Behind the scenes of clinical research: Lessons from a mindfulness intervention with student-athletes. *The Behavior Therapist*, *38*(6), 157–159.
7. Lucas, N., & **Goodman, F. R.** (2015). Well-being, leadership, and positive organizational scholarship: A case study of project-based learning in higher education. *The Journal of Leadership Education*, *14*(4), 138–152.
6. Kashdan, T. B., DiMauro, J., Disabato, D. J., Folk, J. B., Carter, S., & **Goodman, F. R.** (2015). Creating clinical psychology graduate courses that lead to peer reviewed publications: A case study. *The Behavior Therapist*, *38*(2), 47–49.
5. Kleiman, E. M., Kashdan, T. B., Monfort, S. S., Machell, K. A., & **Goodman, F. R.** (2015). Perceived responsiveness during an initial social interaction with a stranger predicts a positive memory bias one week later. *Cognition and Emotion*, *29*(2), 332–341.
4. Kashdan, T. B., **Goodman, F. R.**, Machell, K. A., Kleiman, E. M., Monfort, S. S., & Ciarrochi, J., & Nezlek, J. (2014). A contextual approach to experiential avoidance and social anxiety: Evidence from an experimental interaction and daily interactions of people with social anxiety disorder. *Emotion*, *14*(4), 769–781.
3. **Goodman, F. R.**, Kashdan, T. B., Mallard, T. M., & Schumann, M. (2014). A brief mindfulness and yoga intervention with an entire NCAA Division I athletic team: An initial investigation. *Psychology of Consciousness: Theory, Research, and Practice*, *1*(4), 339–356.
2. Kaczmarek, L. D., **Goodman, F. R.**, Kashdan, T. B., Drażkowski, D., Połatyńska, & K., Komorek, J. (2014). Instructional support decreases desirability and initiation of a gratitude intervention. *Personality and Individual Differences*, *64*, 89–93.
1. Kaczmarek, L. D., Kashdan, T. B., Drażkowski, D., Bujacz, A., & **Goodman, F. R.** (2014). Why do greater curiosity and fewer depressive symptoms predict gratitude intervention use? Desirability, social norm beliefs, and perceived self-control. *Personality and Individual Differences*, *66*, 165–170.

### MANUSCRIPTS UNDER REVIEW

5. **Goodman, F. R.**, Peckham, A. D., Kneeland, E. T., †Choate, A. M., †Daniel, K. E., Beard, C. E., & Björgevinnson, T. *How does emotion regulation change during psychotherapy? A daily diary study in a transdiagnostic partial hospitalization program.* Under review. [Preprint](#). [Code and Research Materials](#).
4. Dora, J., Piccirillo, M., Foster, K. T.,...**Goodman, F. R.**,...King, K., *The daily association between affect and alcohol use: A meta-analysis of individual participant data.* Under review. [Preregistration](#). [Data and Code](#).
3. **Goodman, F. R.**, †Birg, J., †Daniel, K. E., & Kashdan, T. B. *Stress generation in social anxiety.* Under review. [Code](#).
2. \*Kashdan, T. B., \***Goodman, F. R.**, †Brown, B. A., †Rum, R., & McKnight, P. E. *Purpose in life in psychological interventions: A critical examination of the past, present, and future.* Under review.
1. Eldesouky, L., Ellis, K., **Goodman, F. R.**, & Khadr, Z. *Daily emotion regulation and well-being during the COVID-19 pandemic.* Under review.

**BOOK CHAPTERS**

2. **Goodman, F. R.**, Doorley, J. D., & Kashdan, T. B. (2018). Well-being and psychopathology: A deep exploration into positive emotions, meaning and purpose in life, and social relationships. In E. Diener, S. Oishi, & L. Tay (Eds.), *Handbook of Well-being*. Salt Lake City, UT: DEF Publishers. DOI:nobascholar.com
1. **Goodman, F. R.**, †Larrazabal, M., †West, J. T., & Kashdan, T. B. (2019). Experiential avoidance across anxiety disorders. In B. O. Olatunji (Ed). *Cambridge Handbook of Anxiety and Related Disorders* (pp. 255-281). Cambridge, UK: Cambridge University Press.

**POPULAR PRESS WRITING AND CONSULTING****Articles**

Kashdan, T. B., Disabato, D. J., **Goodman, F. R.**, & Naughton, C. (2018). The five dimensions of curiosity. *Harvard Business Review*.

**Books**

National Geographic. (2016). [\*The Mind: A scientific guide to who you are, how you got that way, and how to make the most out of it\*](#). Washington, DC: National Geographic.  
(Co-developed book)

National Geographic. (2014). [\*Your Personality Explained: Exploring the science of identity\*](#). Washington, DC: National Geographic.  
(Co-developed book)

**EDITORIAL ACTIVITIES****Editorial Board**

*Emotion*

*Journal of Clinical Child & Adolescent Psychology* (Consulting Editor)

*Psychology of Addictive Behaviors* (Principal Reviewer)

**Reviewer**

*Acta Psychologica*

*American Journal of Psychology*

*Anxiety, Stress, and Coping*

*Behavior Modification*

*Behavior Therapy*

*Behaviour Research and Therapy*

*BMC Geriatrics*

*Clinical Psychological Science*

*Clinical Psychologist*

*Clinical Psychology Review*

*Cogent Psychology*

*Cognitive Therapy and Research*

*Cognition and Emotion*

*Depression and Anxiety*

*Disability and Health Journal*

*Emotion*

*European Journal of Personality Assessment*

*International Journal of Cognitive Therapy*

*International Journal of Environmental Research and Public Health*  
*International Journal of Psychology*  
*International Journal of Wellbeing*  
*Journal of Clinical Child & Adolescent Psychology*  
*Journal of Affective Disorders*  
*Journal of Anxiety Disorders*  
*Journal of Applied Sport Psychology*  
*Journal of Behavior Therapy and Experimental Psychiatry*  
*Journal of Clinical Psychology*  
*Journal of Clinical Sport Psychology*  
*Journal of Education for Teaching*  
*Journal of Happiness Studies*  
*Journal of Intercollegiate Sport*  
*Journal of Personality*  
*Journal of Personality and Social Psychology*  
*Journal of Personality Assessment*  
*Journal of Positive Psychology*  
*Journal of Psychopathology and Behavioral Assessment*  
*Journal of Research in Personality*  
*Journal of Social and Clinical Psychology*  
*Journal of Social Psychology*  
*Journal of Vocational Behavior*  
*Journal of Youth and Adolescence*  
*Medical Journals*  
*Nature, Scientific Reports*  
*Organizational Behavior and Human Decision Processes*  
*Personality and Individual Differences*  
*Personality and Social Psychology Bulletin*  
*Perspectives on Psychological Science*  
*PLOS ONE*  
*Psychiatry Research*  
*Psychological Assessment*  
*Psychology of Addictive Behaviors*  
*Psychology of Consciousness: Theory, Research, and Practice*  
*Quality & Quantity*  
*SAGE Open*  
*Social Behavior and Personality*  
*Social and Personality Psychology Compass*  
*World Medical and Health Policy*

### **CHAired CONFERENCE SYMPOSIA**

3. Disabato, D. J., & **Goodman, F. R.** (2018, April). *Expanding the scientific scope of emotion dysregulation: Novel topics and clinical applications*. Symposium presented at the annual convention of Anxiety and Depression Association of America, Washington, DC.
2. **Goodman, F. R.** (2016, July). *The transdiagnostic nature of distress tolerance: Strengths, detriments, and a new measure*. Symposium presented at the 31<sup>st</sup> International Congress of Psychology, Yokohama, Japan.
1. **Goodman, F. R.**, & Young, K. C. (2015, May). *It takes two: Examining dynamic, couple-level factors in romantic relationships*. Symposium presented at the annual convention of the Association for Psychological Science, New York, NY.

## CONFERENCE PRESENTATIONS

30. †Loftus, P., **Goodman, F. R.**, Dyar, C., Davila, J. & Feinstein, B. A. (2022, November). The role of identity uncertainty in the mental health of bi+ adults: An experience-sampling study. In J. K. Kellerman (Chair). *Examining the Real-time Mental Health Impact of Minority Stress among Sexual and Gender Minority Individuals*. To be presented at the annual convention of the Association for Behavioral and Cognitive Therapies.
29. **Goodman, F. R.**, †Birg, J., †Cunning, A., & †Daniel, K. E. (2022, May). Emotion beliefs in social anxiety. In E. T. Kneeland (Chair). *Don't Stop Believin': The power of beliefs about emotions in shaping well-being*. Presented at the annual convention of the Association for Psychological Science.
28. †Brown, B. A., Rottenberg, J., **Goodman, F. R.**, & Pietrzak, R. (2022, April). *Do suicide attempt survivors have reduced long-term well-being? A study of Veterans across three nationally representative cohorts*. Presented at the annual convention of the American Association of Suicidology.
27. **Goodman, F. R.**, Daniel, K. E., & Kneeland, E. T. (2021, November). Deconstructing regulatory flexibility in daily life: Social anxiety disorder as an exemplar. In A. Meyer & K. E. Daniel (Chairs). *In the here and now: Using smartphones and wearable sensor technology to study anxiety and emotion regulation in daily life*. Presented at the annual convention of the Association for Behavioral and Cognitive Therapies (virtual).
26. †Brown, B. A., †Hua, M., †Birg, J., & **Goodman, F. R.** (2021, November). *Does negative emotion differentiation protect against inflexible avoidance of valued goal pursuit? A daily diary study*. In T. Spitzer (Chair). *Innovations in emotion regulation research: Examining understudied emotion regulation-related factors*. Presented at the annual convention of the Association for Behavioral and Cognitive Therapies (virtual).
25. Feinstein, B. A., Dyar, C., Poon, J., **Goodman, F. R.**, & Davila, J. (2021, November). *The affective consequences of bisexual-specific minority stress: A daily diary study*. Presented at the annual convention of the Association for Behavioral and Cognitive Therapies (virtual).
24. Kelso K. C., Kashdan, T. B., Doorley, J. D., & **Goodman, F. R.** (2021, February). *Valued goal pursuit in the wake of COVID: A two-year longitudinal study*. Presented at the annual convention of the Society for Personality and Social Psychology (virtual).
23. **Goodman, F. R.**, †Silva, G. M., & Kashdan, T. B. (2021, March). Positive emotion regulation after life events in depression: An international, multi-wave study. In Peckham A. (Chair). *The role of positive affect in depression: Relationships revealed across days, weeks, and months*. Presented at the annual convention of the Anxiety and Depression Association of America (virtual).
22. **Goodman, F. R.**, †Larrazábal, M. A., †İmamoğlu, A., †Ashraf, A., †Brown, B. A., & Kashdan, T. B. (2019, May). *Patterns of emotion regulation in the everyday lives of people with social anxiety disorder*. Presented at the annual convention of the Association for Psychological Science, Washington, DC.
21. **Goodman, F. R.**, & Kashdan, T. B. (2018, November). The dynamic interplay of social comparisons and positive emotions in a single day in the life of adults with social anxiety disorder. In Weeks J. W. (Chair). *Positively Terrifying": Multimethod Examinations of Positivity Impairments as an Integral Feature of Social Anxiety Disorder*. Presented at the annual convention of the Association of Behavioral and Cognitive Therapies, Washington, DC.

20. **Goodman, F. R.**, & Kashdan, T. B. (2018, April). *Beliefs and values about emotions among people with social anxiety disorder*. Presented at the annual convention of the Anxiety and Depression Association of America, Washington, DC.
19. †Brown, B. A., **Goodman, F. R.**, & Kashdan, T. B. (2018, April). *The protective nature of meaning: A prospective analysis of meaning in life as a moderator between neuroticism and anxiety*. Presented at the George Mason University College of Humanities and Social Sciences Undergraduate Research Symposium, Fairfax, VA.
18. Doorley, J. D., **Goodman, F. R.**, Disabato, D. J., Kashdan, T. B., Weinstein, J. S., & Shackman, A. J. (2017, November). *Dissecting the lives of people with social anxiety disorder: Assessing the best and worst of every hour using ecological momentary assessment*. Presented at the annual convention of the Association of Behavioral and Cognitive Therapies, San Diego, CA.
17. **Goodman, F. R.** (2017, April). *A problem of reinforcement: Alcohol consumption mitigates adverse effects of social anxiety*. Presented at the annual Data Blitz Meeting for the laboratory of Measurement, Research Methodology, Evaluation, and Statistics, Fairfax, VA.
16. **Goodman, F. R.**, Disabato, D. J., & Kashdan, T. B. (2017, January). *Is grit relevant to well-being? Cross-cultural evidence for separating perseverance of effort and consistency of interests*. Presented at the annual convention of the Society for Personality and Social Psychology, San Antonio, TX.
15. Disabato, D. J., **Goodman, F. R.**, Kashdan, T. B., & Kaufman, S. B. (2017, January). *General well-being: The G of well-being research*. Presented at the annual convention of the Society for Personality and Social Psychology, San Antonio, TX.
14. †Milius, C. R., **Goodman, F. R.**, Stikma, M. C., & Kashdan, T. B. (2017, January). *Sexuality and well-being in daily life: Nailing directionality*. Presented at the annual convention of the Society for Personality and Social Psychology, San Antonio, TX.
13. **Goodman, F. R.**, & Mehlenbeck, R. S. (2016, September). *Resilience in the classroom: Wise interventions to enhance creative and reflective learning*. Presented at the 2016 Innovations in Teaching & Learning (ITL) Conference: Cultivating Creative and Reflective Learners, Fairfax, VA.
12. **Goodman, F. R.**, & Kashdan, T. B. (2016, July). *Psychological needs satisfaction and the ability to tolerate pain in everyday life*. Presented at the 31<sup>st</sup> International Congress of Psychology, Yokohama, Japan.
11. Disabato, D. J., **Goodman, F. R.**, & Kashdan, T. B. (2016, July). *Sustained distress tolerance to achieve well-being and long-term goals: Comparing perseverance of effort and consistency of interests from the Grit Scale*. Presented at the 31<sup>st</sup> International Congress of Psychology, Yokohama, Japan.
10. Quartuccio, J., Disabato, D. J., Franz, S., Alexander, L., **Goodman, F. R.**, Stikma, M. C., Blalock, D. V., McKnight, P. E., & Kashdan, T. B. (2016, July). *Psychometrics of a scenario-based distress tolerance measure*. Presented at the 31<sup>st</sup> International Congress of Psychology, Yokohama, Japan.
9. **Goodman, F. R.**, Disabato, D. J., & Kashdan, T. B. (2016, April). *Well-being across the world: The danger of sharp lines*. Presented at the Annual Data Blitz Meeting for the laboratory of Measurement, Research Methodology, Evaluation, and Statistics, Fairfax, VA.
8. Disabato, D. J., **Goodman, F. R.**, & Kashdan, T. B. (2016, April). *To CFA or EFA — that is the question*. Presented at the Annual Data Blitz Meeting for the laboratory of Measurement, Research Methodology, Evaluation, and Statistics, Fairfax, VA.

7. **Goodman, F. R.**, Disabato, D. J., & Kashdan T. B. (2016, January). *Two types of well-being? A closer look at the hedonia and eudaimonia distinction across 109 countries*. Presented at the annual meeting for the Society of Personality and Social Psychology, San Diego, CA.
6. **Goodman, F. R.**, Kashdan, T. B., & McKnight, P. E. (2015, November). Everyday strivings in people with social anxiety disorder. In Berghoff, C. R. (Chair). *Living life to the fullest: Leveraging personal value-directed behavior to enhance well-being and undermine psychological distress*. Presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
5. Kashdan, T. B., Blalock, D. V., **Goodman, F. R.**, Disabato, D. J., Alexander, L., & McKnight, P. E. (2015, November). Social anxiety and distress tolerance in everyday life: A daily diary study of romantic couples. In Richey, J. A. (Chair). *Does SAD fit in the research domain criteria?: Opportunities and challenges within the NIMH vision for translational research*. Presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
4. **Goodman, F. R.**, Kashdan, T. B., McKnight, P. E., & Farmer, A. (2015, May). Power play: Variations of power perceptions in romantic relationships. In **F. R. Goodman**, & K. C. Young (Chairs). *It takes two: Examining dynamic, couple-level factors in romantic relationships*. Presented at the annual convention of the Association for Psychological Science, New York, NY.
3. Kashdan, T. B., Farmer, A., Ferssizidis, P., **Goodman, F. R.**, Machell, K., & Monfort, S. (2014, November). A contextual approach to experiential avoidance and social anxiety. In J.A. Richey (Chair). *Expanding the focus in social anxiety disorder: A deep dive into completely novel approaches for conceptualization and treatment*. Presented at the annual convention of the Association for Behavior and Cognitive Therapies, Philadelphia, PA.
2. Monfort, S. S., Kleiman, E. M., Kashdan, T. B., Machell, K.A., & **Goodman, F. R.** (2013, November). Capitalization support during an initial social interaction predicts memory bias. In T.M. Erickson (Chair). *Amplifying and dampening positive emotional states: Implications for emotional disorders*. Presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
1. Franz, S., Quartuccio, J., **Goodman, F. R.**, & McKnight, P. E. (2012, May). *A comparison of SEM, HLM, and Bayesian approaches to dyadic partner interactions*. Presented at the annual convention for the Association for Psychological Science, Washington, DC.

### CONFERENCE POSTER PRESENTATIONS

44. †Rum, R., †Silva, G., †Brennan, J., & **Goodman, F. R.** (2022, November). Facilitating social connection during social distancing. Poster to be presented at the annual convention of the Association for Behavioral and Cognitive Therapies, New York City, NY.
43. †Brown, B. A., †Silva, G., †Davis, K., & †**Goodman, F. R.** (2022, November). *Social anxiety as a predictor of thwarted belongingness and perceived burdensomeness: A longitudinal analysis*. Poster to be presented at the annual convention of the Association for Behavioral and Cognitive Therapies. New York, NY.
42. †Silva, G., †Hua, M., †Brown, N., Feinstein, B. A., & **Goodman, F. R.** (2022, November). *Do attempts to avoid rejection lead to more rejection? An experience-sampling investigation of momentary rejection experiences*. Poster to be presented at the annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
41. †Birg, J. A., †Le, T. H., †Davis, K., Kashdan, T. B., & **Goodman, F. R.** (2022, November). Stress generation in social anxiety. Poster to be presented at the annual Association for Behavioral and Cognitive Therapies Conference, New York City, NY.

40. †Loftus, P., **Goodman, F. R.**, †Le, T. H., †Berro, M., Dyar, C., Davila, J. & Feinstein, B. A. (2022, July). *Influences on daily identity uncertainty among bi+ individuals: The roles of relationship status, gender, and partner gender*. Poster presented at the International Academy of Sex Research's 48th Annual Meeting.
39. †Brown, B. A., †Silva, G. M., & **Goodman, F. R.** (2022, June). *Interpersonal mediators in the relationship between social anxiety and suicidal ideation: A longitudinal analysis*. Poster to be presented at the annual Suicide Research Symposium.
38. †Brown, B. A., †Silva, G. M., †Fakhre, F., †Davis, K., & **Goodman, F. R.** (2021, November). *Meaning in life as a protective factor against the effects of loneliness on suicidal ideation: A longitudinal analysis*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies Convention (virtual).
37. †Silva, G. M., †Brennan, J., †Ferreira, T., & **Goodman, F. R.** (2021, November). *Socializing after rejection: An experience-sampling investigation of daily social experiences*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies (virtual).
36. †Rum, R., †Silva, G. M., †Birg, J. A., †Cobos, A., †Erdem, S., & **Goodman, F. R.** (2021, November). *How do depression and social anxiety co-occur in daily life?* Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies (virtual).
35. †Birg, J. A., †Rum, R., †Hua, M., & **Goodman, F. R.** (2021, November). *Goal-related distress and meaning in life: A daily investigation of the role of psychological flexibility*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies (virtual).
34. †Brown, B. A., †Silva, G. M., †Fakhre, F., †Davis, K., & **Goodman, F. R.** (2021, November). *Meaning in life as a protective factor against the effects of loneliness on suicidal ideation: A longitudinal analysis*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies Convention (virtual).
33. Bowers, E. M., Hom, M.A., Peckham, A.D., **Goodman, F. R.**, Björgvinsson, T., & Beard, C. (2021, November). *Changes in positive and negative affect during acute psychiatric treatment in individuals with social anxiety disorder*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies (virtual).
32. †Rum, R., †Silva, G. M., Kashdan, T. B., & **Goodman, F. R.** (2021, February). *The power of positive affect during social interactions*. Poster presented at the annual convention of the Society for Personality and Social Psychology (virtual).
31. †Birg, J. A., & **Goodman, F. R.** (2021, February). *The role of social curiosity in daily experiences of social motivation and anxiety*. Poster presented at the annual convention of the Society for Personality and Social Psychology (virtual).
30. †Silva, G. M., †Monsees, J. L., **Goodman, F. R.**, & Kashdan, T. B. (2020, November). *Clarifying links between emotion beliefs and regulatory strategy use: An idiographic, multimethod assessment of emotion regulation*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies (virtual).
29. †Brown, B. A., †Silva, G. M., & **Goodman, F. R.** (2020, November). *Motivational underpinnings of alcohol use in people with social anxiety disorder: A daily diary study*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies (virtual).

28. †Brown, B. A., Disabato, D. J., **Goodman, F. R.**, & Kashdan, T. B. (2020, November). *Does negative emotion differentiation influence daily self-regulation? A 4-year daily diary study*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies (virtual).
27. †Brown, B. A., †İmamoğlu, A., Disabato, D. J., **Goodman, F. R.**, & Kashdan, T. B. (2018, November). *A problem-solving approach to distress intolerance and depression*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
26. †Regalario, I., †Miller, M., †Asim, A., Doorley, J., **Goodman, F. R.**, & Kashdan, T. B. (2018, November). *Can curiosity buffer against the potentially harmful effects of anxiety on meaning in life?* Poster presented at the annual convention of Association of Behavioral and Cognitive Therapies, Washington, DC.
25. †Imamoğlu, A., †Brown, B. A., **Goodman, F. R.**, Doorley, J. D., & Kashdan, T. B. (2018, November). *Accounting for sex differences in depression: The distinct contributions of a sense of autonomy and positive relations with others*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
24. †Brown, B. A., **Goodman, F. R.**, & Kashdan, T. B. (2018, April). *The protective nature of meaning: A prospective analysis of meaning in life as a moderator between neuroticism and anxiety*. Poster presented at the George Mason University College of Humanities and Social Sciences Undergraduate Research Symposium, Fairfax, Virginia.
23. †Brown, B. A., †Miller, M., **Goodman, F. R.**, Disabato, D. J., & Kashdan, T. B. (2018, March). *Experiential avoidance moderating the effect of anxiety on changes in meaning in life: A prospective study*. Poster presented at the annual convention for the Society for Personality and Social Psychology, Atlanta, GA.
22. **Goodman, F. R.**, †Larrazabal, M. A., Doorley, J. D., & Kashdan, T. B. (2017, November). *Maximize pleasure or minimize pain? Implicit beliefs about well-being moderate the relationship between anxiety and well-being*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
21. †Lauber, M. D., Disabato, D. J., **Goodman, F. R.**, †Whimpey, A. I., & Kashdan, T. B. (2017, November). *Persevering through avoidance: Grit as a shield against diminished well-being*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
20. Disabato, D. J., Kashdan, T. B., **Goodman, F. R.**, †Larrazabal, M. A., & †West, J. T. (2017, November). *Hidden problems in the measurement of experiential avoidance: Indiscrimination and tautologies*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
19. Doorley, J. D., †Milius, C., †West, J. T., **Goodman, F. R.**, & Kashdan, T. B. (2017, November). *When is it beneficial to believe that emotions are malleable? The interplay among implicit emotion beliefs and experiential avoidance in predicting well-being*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
18. **Goodman, F. R.**, Yarbro, J., Kashdan, T. B., & McKnight, P. E. (2017, January). *Pathways to meaning in life: Managing emotions and persevering towards valued goals*. Poster presented at the annual convention of the Society of Personality and Social Psychology, San Diego, CA.
17. **Goodman, F. R.**, Stikma, M. C., & Kashdan, T. B. (2016, October). *Liquid antidote: Alcohol attenuates adverse effects of social anxiety during social interactions*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

16. **Goodman, F. R.**, †Lauber, M. D., Stikma, M. C., Blalock, D. V., †Milius, C. R., †Whimpey, A. I., & Kashdan, T. B. (2016, October). *Fear of success? When and why people with social anxiety disorder strive for power and achievement*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
15. Stikma, M. C., †Milius, C. R., **Goodman, F. R.**, Blalock, D. V., †Lauber, M. D., †Whimpey, A. I., & Kashdan, T. B. (2016, October). *Interpersonal desire and dysfunction: An analysis of strivings in people with social anxiety disorder*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
14. **Goodman, F. R.**, & Kashdan, T. B. (2015, November). *Social anxiety, emotion regulation, and alcohol use: A daily diary study*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
13. **Goodman, F. R.**, Lucas, N., & †Milius, C. R. (2015, May). *Creating and measuring a well-being university*. Poster presented at the annual convention of the Association for Psychological Science, New York, NY.
12. Yarbro, J., **Goodman, F. R.**, Kashdan, T. B., & McKnight, P. E. (2015, May). *Daily emotion regulation, meaning in life, and goal pursuit*. Poster presented at the annual convention of the Association for Psychological Science, New York, NY.
11. Disabato, D. J., **Goodman, F. R.**, Kashdan, T. B., & Jarden, A. (2015, May). *Perseverance of effort - not consistency of interests - predicts well-being*. Poster presented at the annual convention of the Association for Psychological Science, New York, NY.
10. **Goodman, F. R.**, Kashdan, T. B., & Kaczmarek, L. D. (2014, November). *Gratitude interventions: Targets to increase participation*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
9. **Goodman, F. R.**, †Mallard, T. T., & Kashdan, T. B. (2014, November). *A brief mindfulness and yoga intervention with an entire Division I athletic team: Preliminary evidence and lessons learned*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
8. Disabato, D. J., **Goodman, F. R.**, Kashdan, T. B., Jarden, A., & Short, J. L. (2014, November). *Measuring well-being in clinical psychology*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
7. **Goodman, F. R.**, Farmer, A. S., †Rana, V. A., †Bonner, J. A., †Rivera, R., & Kashdan, T. B. (2013, November). *Smiling and laughter during romantic relationship interactions: Indicators of relationship quality*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
6. **Goodman, F. R.**, †Mallard, T. T., Farmer, A. S., & Kashdan, T. B. (2013, November). *Congruency of perceived power in romantic relationships and implications for relationship quality*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
5. Bullock, J., Biswas-Diener, R., **Goodman, F. R.**, Diener, E., & Kashdan, T. B. (2013, June). *The hospitality research project*. Poster presented at the Third World Congress on Positive Psychology, Los Angeles, CA.
4. **Goodman, F. R.**, Machell, K. A., & Kashdan, T. B. (2013, May). *Experiential avoidance and daily well-being*. Poster presented at the annual convention of the Association for Psychological Science, Washington, DC.

3. **Goodman, F. R.**, Russell, B. A. H., & Hatfield, B. D. (2011, November). *Measuring residual processing capacity under different levels of task difficulty*. Poster presented at the annual convention of the Mid-Atlantic Chapter of the American College of Sports Medicine, Harrisburg, PA.
2. **Goodman, F. R.**, Russell, B. A. H., & Hatfield, B. D. (2011, September). *Auditory processing of deviant tones under different levels of cognitive workload*. Poster presented at the annual School of Public Health Research Interaction Day, College Park, MD.
1. **Goodman, F. R.**, Russell, B. A. H., Rietschel, J., & Hatfield, B. D. (2010, August). *The impact of anxiety on cognitive processes during varying degrees of visuo-motor challenge*. Poster presented at the annual meeting for University of Maryland Summer Training and Research Program, College Park, MD.

### **INVITED TALKS**

- 2022 [Title TBD]. Osher Lifelong Learning Institute, Tampa, FL.
- 2021 *Social anxiety in the modern world*. TEDxUSF, Tampa, FL.
- 2021 *The social paradox: Harnessing social anxiety to connect with peers*. Inaugural Conference of the School Mental Health Collaborative, Tampa, FL.
- 2021 *When and why people with social anxiety disorder thrive*. Clinical Psychology Department, University of Virginia, Charlottesville, VA.
- 2021 *Social closeness despite social distance*. COVID-19 Round 1 Seed Grant Investigators' Presentation, University of South Florida, Tampa, FL.
- 2021 *Designing experience-sampling studies: Nuts, bolts, and critical oversights*. University of South Florida, Tampa, FL.
- 2020 *New insights on emotion dysregulation in social anxiety disorder*. Social Psychology Department, University of Florida, Gainesville, FL.
- 2020 *Beyond manuals in clinical supervision: How to be a human, not a robot*. Clinical Psychology Department, University of Southern Mississippi, Hattiesburg, MS.
- 2020 *Combating loneliness during the COVID-19 pandemic*. Dean's Advisory Council, University of South Florida, Tampa, FL.
- 2019 *How we manage our emotions and why it matters*. Psych Expo, University of South Florida, Tampa, FL.
- 2019 *A strengths-based approach to therapy*. Behavioral Health Partial Program, McLean Hospital, Harvard Medical School, Belmont, MA.
- 2017 *The building blocks of psychological flexibility*. Department of Health Administration and Policy, George Mason University, Fairfax, VA.
- 2016 *Resilience in higher education: Wise interventions and creative measurement*. International Well-Being University Symposium, Borba, Portugal.
- 2015 *A primer on mindfulness*. Summer Mindfulness Meditation Series, United States House of Representatives,

Washington, DC.

2015 *Building resilience into education.* Fairfax County Public Schools' Annual Community Conversation on Teen Stress, Fairfax, VA.

### CLINICAL TRAINING

2018–2019            **Clinical Psychology Resident**  
Harvard Medical School, McLean Hospital

2017–2018            **Clinical Psychology Resident**  
Craniofacial Clinic, Inova Hospital

2012–2018            **Psychodiagnostic Examiner**  
Center for Psychological Services, George Mason University

2016–2017            **Clinical Psychology Resident**  
Adult Outpatient Medication Management, Inova Hospital

2016–2017            **Clinical Psychology Resident**  
Pediatric Specialists of Virginia Gastroenterology/ Endocrine clinic, Children's National Medical Center

2015–2016            **Clinical Psychology Resident**  
Partial Hospitalization Program, Inova Hospital

2014–2015            **Research Study Psychotherapist, NIH-funded clinical trial**  
Integrated Treatment Program, George Mason University

2013–2015            **Psychotherapist**  
Center for Psychological Services, George Mason University

2012–2015            **Psychodiagnostic Examiner**  
Cognitive Assessment Program, George Mason University

### CLINICAL SUPERVISION

#### University of South Florida

2019–                **Faculty supervisor**  
Psychological Services Center

#### Harvard Medical School

2018–2019            **Peer supervisor**  
McLean Hospital, Behavioral Health Partial Hospitalization Program

#### George Mason University

2016                 **Peer supervisor**  
Introduction to Helping Skills and Motivational Interviewing

### TEACHING

University of South Florida

- 2021– **Instructor**  
Diversity in Clinical Psychology (EXP7099) \**Developed course*  
Department of Psychology
- 2020– **Instructor**  
Abnormal Psychology (CLP4143)  
Department of Psychology
- 2019– **Instructor**  
Introduction to Psychological Science (PSY2012)  
Department of Psychology

George Mason University

- 2018 **Instructor**  
Abnormal Psychology and Well-being (PSYC461/325) \**Developed course*  
Departments of Psychology & Integrative Studies
- 2017 **Instructor**  
Applied Well-Being Studies (PSYC417) \**Developed course*  
Department of Psychology & Integrative Studies
- 2015 **Co-Instructor**  
Leadership and Positive Organizations (NCLC474) \**Co-developed course*  
New Century College
- 2013 **Co-Instructor**  
Understanding Happiness and Human Well-Being (NCLC475)  
Department of Psychology
- 2012–2013 **Instructor**  
Research Methods Lab (PSYC301)  
Department of Psychology
- 2012–2013 **Teaching Assistant**  
Introduction to Psychology (PSYC100)  
Department of Psychology

University of Maryland

- 2011–2012 **Teaching Assistant**  
Psychology of Communication and Persuasion (PSYC424)  
Department of Psychology

**ADVISING AND MENTORSHIP****Doctoral Students**

- 2021– Patrick “Paddy” Loftus
- 2020– Ruba Rum
- 2020– Jessica Birg
- 2020– Bradley Brown
- 2019– Gabriella Silva

**Dissertation Committees**

2021–	Alexandria Choate
2021–	Haya Fatimah
2021–	Allie Schuck
2020–	Andrew Devendorf
2020–	Jacob Levine
2020–2021	Md Taufeeq Uddin (Computer Science)
2019–2021	Ansley Bender

**Masters Theses Committees**

2021–	Gabriella Silva
2021–	Bradley Brown
2020–	Alexander Denison
2019–	Bingjie Tong
2019–	Rose Miller

**Honors Theses Committees**

2021	Angelina Venetto
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**Mentored Research Assistants**University of South Florida

		<u>Subsequent Position</u>
2021–	Truc Le	<i>Presently in lab</i>
2021–	Fadia Fakhre	<i>Presently in lab</i>
2021–	Maya Berro	<i>Presently in lab</i>
2021–	Victoria Rey	<i>Presently in lab</i>
2021–	Maximilian Wright	<i>Presently in lab</i>
2021–	Dakota Krebs	<i>Presently in lab</i>
2021–	Matthew Sala	<i>Presently in lab</i>
2020–	Nikita Yadav	<i>Presently in lab</i>
2020–	Michelle Hua	<i>Presently in lab</i>
2020–	Kimberly Davis	<i>Presently in lab</i>
2021–2022	Alexandra Langenfield	<i>Presently in lab</i>
2021–2022	Nicole Brown	<i>Presently in lab</i>
2020–2022	Tia Bathani	<i>Presently in lab</i>
2020–2021	Diego Dulanto	<i>Presently in lab</i>
2020–2022	Ashly Cobos	<i>Presently in lab</i>
2020–2022	Angelina Venetto	<i>Presently in lab</i>
2020–2021	Sarah Attaway	<i>Presently in lab</i>
2020–2021	Tiago Ferreira	Research scientist
2020–2021	Jordan Cohen	Medical school
2020–2021	Sumeyye Erdem	Research assistantship
2019–2022	Justin Brennan	PhD, Clinical Psychology, University of Alabama
2019–2020	Collin Hine	Research assistantship
2019–2021	Julie Monsees	Masters Student, I-O Psychology, Clemson
2019–2020	Ashlyn Pernice	Research assistantship
2019–2020	James Pyle	Research assistantship

George Mason University

		<u>Subsequent Position</u>
2018–2019	Salma Osman	<i>Medical school applicant</i>

2017–2019	Thien-Kim Luong	Masters student, Mental Health Counseling, GMU
2017–2019	Saitejaswi Kanuri	<i>Medical school applicant</i>
2017–2019	Ameena Ashraf	Masters student, Speech-Language Pathology, JMU
2017–2019	Aslıhan İmamoglu	PhD student, Cognitive Psychology, UNC
2017–2018	Irene Regalario	PhD student, Clinical Psychology, GMU
2017–2018	Emily Geyer	Masters student, Counseling, William & Mary
2017–2018	Molly Miller	Masters student, Psychology, William & Mary
2016–2019	Ateeb Asim	Masters student, Counseling, Johns Hopkins University
2016–2019	Bradley Brown	PhD student, Clinical Psychology, USF
2016–2017	Christopher Summers	PhD student, Clinical Psychology, Kent State
2016–2017	Maria Larrazabal	PhD student, Clinical Psychology, UVA
2016–2017	John West	PhD student, Cognitive Psychology, UNC
2015–2017	Cayla Milius	Masters Student, Psychology, Villanova
2012–2014	Verda Dar	PhD student, Developmental Psychology, Catholic U.
2012–2015	Travis Mallard	PhD student, Psychology, U. of Texas

## **PROFESSIONAL SERVICE**

### **University Service**

#### University of South Florida

2020–2021	Diversity Committee Department Liaison to College of Arts and Sciences
2020–	Member, Diversity Committee, Psychology Department
2020–	Reviewer, Student Award Fellowships, Psychology Department
2019–	Member, Clinical Internship Preparation Committee, Psychology Department

#### Harvard Medical School

2018–2019	Member, Pride LGBTQ Employee Resource Group, McLean Hospital
2018–2019	Member, Dimensions of Diversity Committee, McLean Hospital

#### George Mason University

2015–2019	Academic mentor, OSCAR Undergraduate Research Scholars Program
2015–2019	Academic mentor, Undergraduate Psychology Honors Program
2013–2016	Member, Well-being University Learning Community
2016	Reviewer, Innovations in Teaching and Learning Conference
2014–2016	Chair, Resilience Working Group, Well-being University Initiative

### **National and Community Service**

2021–	Editor and Core Team Member, Applicant Statement Feedback Program (ASFP)
2021–	Reviewer, Conference submissions, Social for Personality and Social Psychology (SPSP)
2015	Presenter, Fairfax County Public Schools (FCPS) Community Conversation

### **Professional Memberships**

Anxiety and Depression Association of America (ADAA)  
 Association for Behavioral and Cognitive Therapies (ABCT)  
 Association for Psychological Science (APS)  
 Society for Personality and Social Psychology (SPSP)  
 Society for a Science of Clinical Psychology (SSCP)