



PREP

## HEALTH



**Serve on the front lines of global health.** Health Volunteers work within their communities to promote important topics such as nutrition, maternal and child health, basic hygiene, and water sanitation. Volunteers also work in HIV/AIDS education and prevention programs to train youth as peer educators, develop appropriate education strategies, provide support to children orphaned by the pandemic, and create programs that provide emotional and financial support to families and communities affected by the disease. For more information visit Peace Corps: <https://www.peacecorps.gov/volunteer/what-volunteers-do/#health>

*If you choose Health, take three courses from one of the following areas:*

- Nursing
- Nutrition or Dietetics
- Health Education
- Bio-medical Sciences
- Biology
- Technical Education
- Public Health
- Pharmacy
- Environmental or Sanitary Engineering

*Recommended Courses:*

GEY 4104 Healthy Global Aging

ITT 4531 Italian Food in Film

HSC 4551 Survey of Human Diseases

PHC 3302 Introduction to Environmental & Occupational Health

PHC 4101 Introduction to Public Health

HSC 4624 Foundations of Global Health

PHC 4464 Intro to Health Disparities and Social Determinants

PHC 3320 Environmental Health Science

PHC 4031 Emerging Infectious Diseases

*College of Public Health Undergraduate Catalog:* <http://ugs.usf.edu/pdf/cat1617/18PublicHealth.pdf>

*College of Arts and Sciences Undergraduate Catalog:* <http://ugs.usf.edu/pdf/cat1617/11CAS.pdf>

*And build 50 hours of **related** field experience through an activity such as:*

- Volunteer or work experience in such areas as HIV/AIDS outreach, hospice, family planning counseling, emergency medical technician (EMT) or CPR teaching/certification, maternal health, and hands-on caregiving in a hospital, clinic, or lab technician setting
- Counseling or teaching in health subjects

- Working or volunteering as a resident advisor, a peer nutritionist, or a sexually transmitted infections counselor
- Experience in mechanical repairs, construction, carpentry, masonry, plumbing, hydrology, and/or related to improving sanitation
- Working in a laboratory dedicated to a health study

**Study Abroad Options include:**

<http://educationabroad.global.usf.edu/index.cfm?FuseAction=programs.ListAll>

**Get involved:**

The W.E.L.L. <http://health.usf.edu/giving/well.html>

USF Public Health Student organizations: [http://health.usf.edu/publichealth/student\\_orgs.html](http://health.usf.edu/publichealth/student_orgs.html)

Pinellas Hope: <http://pinellashope.org/>

Bridge Clinic: <http://health.usf.edu/bridge/index.htm>

BayCare Tampa Bay: <https://baycare.org/about-us>

Ybor Youth Clinic: <http://health.usf.edu/doctors/pediatrics/yboryouthclinic>

USF Health Service Corps: <http://health.usf.edu/ahec/usfhealthservicescorps/index.htm>

**Participate in:**

Volunteer MATCH website: <http://www.volunteermatch.org/>

**Join:**

BullSync connects student organizations, community service partners, and engagement at USF:

[https://orgsync.com/login/university-of-south-florida?redirect\\_to=%2Fhome%2F695](https://orgsync.com/login/university-of-south-florida?redirect_to=%2Fhome%2F695)

The Center for Leadership and Civic Engagement (CLCE) <http://www.leadandserve.usf.edu/>